

TRIATHLON INDIVIDUEL BENJAMINS –MINIMES

PUTEAUX LE 11 AVRIL 2010

Classements Benjamins

1	84 pts	NABAL Celine	Csm Gennevilliers
17	60 pts	MESSINES Valentine	Csm Puteaux R6
18	59 pts	PREDRISOT Marine	Csm Puteaux D1
19	58 pts	BEN-MOUSSA Sarah	Csm Puteaux D1
25	50 pts	ROGERS Sarah	Csm Puteaux D1
31	46 pts	ZGARDZINSKI Chloe	Csm Puteaux D2
32	43 pts	LANGEARD Valentine	Csm Puteaux D3
32	43 pts	LOUVET Alexandra	Csm Puteaux D3
39	29 pts	DEROUINEAU Elvire	Csm Puteaux
42	23 pts	THOMAS Blanche	White Harriers Suresnes

Performances

MESSINES Valentine

<u>Longeur</u>	<u>4m01</u>	<u>Poids</u>	<u>5m62</u>	<u>100m</u>	<u>15''06</u>
----------------	-------------	--------------	-------------	-------------	---------------

PREDRISOT Marine

<u>Longeur</u>	<u>3m43</u>	<u>Poids</u>	<u>6m23</u>	<u>1000m</u>	<u>3'53''04</u>
----------------	-------------	--------------	-------------	--------------	-----------------

BEN-MOUSSA Sarah

<u>Longeur</u>	<u>3m78</u>	<u>Poids</u>	<u>5m24</u>	<u>50m</u>	<u>8''10</u>
----------------	-------------	--------------	-------------	------------	--------------

ROGERS Sarah

<u>Longeur</u>	<u>3m63</u>	<u>Poids</u>	<u>4m51</u>	<u>50m</u>	<u>7''86</u>
----------------	-------------	--------------	-------------	------------	--------------

ZGARDZINSKI Chloe

<u>Longeur</u>	<u>3m50</u>	<u>Poids</u>	<u>NC</u>	<u>50m</u>	<u>8''15</u>
----------------	-------------	--------------	-----------	------------	--------------

LANGEARD Valentine

<u>Longeur</u>	<u>3m47</u>	<u>Poids</u>	<u>5m54</u>	<u>100m</u>	<u>16''98</u>
----------------	-------------	--------------	-------------	-------------	---------------

LOUVET Alexandra

<u>Longeur</u>	<u>3m46</u>	<u>Poids</u>	<u>4m84</u>	<u>1000m</u>	<u>3'57''03</u>
----------------	-------------	--------------	-------------	--------------	-----------------

DEROUINEAU Elvire

<u>Hauteur</u>	<u>NC</u>	<u>Poids</u>	<u>NC</u>	<u>50m</u>	<u>7''66</u>
----------------	-----------	--------------	-----------	------------	--------------

Classements Minimes Filles

1	101 pts	ADAINE JEAN PIERRE Elodie	Es Nanterre		
15	42 pts	LEFORT Maena	Csm Puteaux	D3	
19	36 pts	ADOUR Chloe	Csm Puteaux	D4	
21	35 pts	LEFORT Ophelie	Csm Puteaux	D4	
22	34 Pts	BENADDACH Sabrina	Csm Puteaux	D5	
25	29 pts	MOHAMED Ghada	Asnieres Sports Athletisme		

Performances

LEFORT Maena

<u>Longeur</u>	<u>3m17</u>	<u>Poids 3kg</u>	<u>5m35</u>	<u>1000m</u>	<u>3'40''98</u>
----------------	-------------	------------------	-------------	--------------	-----------------

ADOUR Chloe

<u>Longeur</u>	<u>3m43</u>	<u>Poids 3kg</u>	<u>6m05</u>	<u>50m</u>	<u>8''55</u>
----------------	-------------	------------------	-------------	------------	--------------

LEFORT Ophelie

<u>Hauteur</u>	<u>1m13</u>	<u>Poids 3kg</u>	<u>4m80</u>	<u>100m</u>	<u>14''50</u>
----------------	-------------	------------------	-------------	-------------	---------------

BENADDACH Sabrina

<u>Longeur</u>	<u>3m48</u>	<u>Javelot 500g</u>	<u>11m69</u>	<u>50m</u>	<u>AB</u>
----------------	-------------	---------------------	--------------	------------	-----------

Classements Benjamins

1	87 pts	SAJOUS Titouan	Rueil Ac		
4	79 pts	ETAOUFIK Maroine	Csm Puteaux	R5	
8	74 pts	ESSADI Gaetan	Csm Puteaux	R5	
14	68 pts	ADOUR Mexan	Csm Puteaux	R6	
17	66 pts	CARPENTIER Thibault	Csm Puteaux	R6	
35	22 pts	GOBING Marveen	Com Bagneux		



Performances

ETAOUFIK Maroine

<u>Hauteur</u>	<u>1m40</u>	<u>Poids 3kg</u>	<u>7m41</u>	<u>1000m</u>	<u>3'11''92</u>
----------------	-------------	------------------	-------------	--------------	-----------------

ESSADI Gaetan

<u>Longeur</u>	<u>4m57</u>	<u>Javelot 500g</u>	<u>18m68</u>	<u>50mHaies</u>	<u>9''16</u>
----------------	-------------	---------------------	--------------	-----------------	--------------

ADOUR Mexan

<u>Triple Saut</u>	<u>9m23</u>	<u>Javelot 500g</u>	<u>15m52</u>	<u>50m</u>	<u>7''91</u>
--------------------	-------------	---------------------	--------------	------------	--------------

CARPENTIER Thibault

<u>Hauteur</u>	<u>1m25</u>	<u>Poids 3kg</u>	<u>6m0</u>	<u>1000m</u>	<u>3'20''30</u>
----------------	-------------	------------------	------------	--------------	-----------------

